

FOCUS

Ridgeview Foundation Receives \$125,000 for Norman and Ann Hoffman Emergency Center

Ridgeview Foundation is pleased to announce a \$125,000 gift from the Melchert Hubert Sjodin law firm in support of the Lifeline for a Lifetime campaign.

"On behalf of the Ridgeview community, I thank Melchert Hubert Sjodin for its tremendous gift," said Mike Phelps, president and CEO, Ridgeview Medical Center. "The firm's history of generous giving to Ridgeview Foundation demonstrates a strong commitment to the health and wellness of our community, and ensures Ridgeview patients will experience superior care for years to come."

Slated to begin fall 2018, the remodel and expansion of the Norman and Ann Hoffman Emergency Center on Ridgeview's Waconia Campus is designed to enhance emergency services and overall patient experience. With aesthetics, privacy and security central to the project, the redesigned emergency center will include streamlined registration and triage processes, private family spaces and specialized areas to accommodate senior, pediatric and mental health patients.

"Ridgeview Medical Center is an integral part of our community and we want to honor their commitment to providing robust

health care to local residents," said firm partner J. Michael Melchert. "Ridgeview's continued delivery of high quality health services and personalized patient care—right here in our community—is monumental."

Melchert Hubert Sjodin's pledge to the Lifeline for a Lifetime campaign will help to provide more than just physical updates to the emergency center. Funds from the project will also support a new, innovative emergency care model that will enhance the way emergency care is delivered.

"When we give to Ridgeview Foundation, we know our gift stays right here in our community and helps our neighbors, friends and family members; donating to Ridgeview helps our whole community," Melchert explained.

With offices in Waconia, Chaska and Hutchinson, Melchert Hubert Sjodin is committed to bolstering local organizations focused on improving the quality of life for residents, including support for community events, youth activities and local food shelves. "It's extremely important for us to give back to our community by providing financial support and participating in events," said firm partner, Kathryn Barnes.



Members of Melchert Hubert Sjodin gather to celebrate our 33rd Annual Golf & Taste Celebration.

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A handwritten signature in blue ink that reads "Fred Green".

Fred Green

Ridgeview Foundation
Board Chair

Dear Friends of Ridgeview,

As I sit down to write my introductory letter for this edition of Foundation Focus I couldn't be on more of a high. This writing comes on the heels of Ridgeview Foundation's extraordinary Golf & Taste Celebration, which for the 8th consecutive year raised in excess of \$1 million!

Over the years, proceeds from this event have supported many significant capital and equipment projects at Ridgeview, including the Fleischhacker Heart Center, The Center for Woman and Children, the da Vinci Robotic Surgical System and the Neonatal Care Unit to name a few.

This year, proceeds again are helping to fund the renovation of the Norman and Ann Hoffman Emergency Center located on Ridgeview's Waconia Campus. For most, the emergency department is the gateway to the hospital—an "after-hours safe haven" and team to take care of our minor emergencies or direct us to specialty care. For others, it's a life-saving, life-altering trauma that needs immediate attention and intervention. Ridgeview's Emergency Department is here 24/7 to guide us through all emergencies, no matter how large or small.

This critical expansion and addition has special design features to accommodate patients from the very young to the very old. The trauma suites will be enlarged and enhanced, and equipped with the most advanced life-saving technology. The Emergency Department design will provide amenities for families as they wait for their loved ones and be more efficient for the doctors and primary care nurses.

To date, Ridgeview Foundation has raised more than \$8 million for this project. This is a reason to celebrate! But our work is not done as Ridgeview anticipates the need for \$20 million to complete the expansion and renovation.

So to you, the readers of Foundation Focus and all supporters, I say thank you. You've helped Ridgeview accomplish great things!

The renovation of the Norman and Ann Hoffman Emergency Center in Waconia will allow Ridgeview's emergency services to remain a premier resource in the Southwest corridor.



To see the latest architectural renderings of the Norman and Ann Hoffman Emergency Center, please visit www.ridgeviewfoundation.org.

Patient Thankful for Lifesaving Care

Watertown man grateful for quick, compassionate emergency care.

Steve Gravelle woke up before sunrise one morning in February 2016 fighting for every breath. He thought he had a stubborn case of pneumonia that wasn't responding to medication. His wife Luann wanted to call an ambulance, but Steve insisted they could drive themselves fifteen minutes from their home in Watertown to the Ridgeview Medical Center Emergency Department in Waconia.

When Steve arrived, the emergency team gave him oxygen to ease his breathing and warm blankets to make him comfortable. An x-ray and a CT scan revealed a collapsed lung, but also revealed something unexpected—a tumor, most likely cancerous.

Shock and fear consumed Steve and Luann's initial thoughts, but the Ridgeview team gave the Gravelles hope as they reviewed possible treatment plans. "I really needed to know what my options were," Steve explained. "I wanted to live—I wanted to know what it was going to take for me to live."

Steve and Luann, who have eight children and six grandchildren, appreciated how quickly and compassionately the emergency services team managed Steve's lung cancer diagnosis. Steve moved directly from the Emergency Department to a hospital room and prepared for surgery to remove his lung. After surgery, Steve endured several outpatient chemotherapy treatments.

Just three months after his emergency visit, Steve received his "all-clear." He remains cancer free.

"I am healthy, I am back to work, and I am grateful," Steve said. "I smoked for years, so I was worried if my one remaining lung would be able to support me. I'm impressed by the doctors who have helped me and the body's ability to recover."

Luann shares Steve's gratitude and looks forward to the future with their growing family (grandchild number seven is on the way). "We just keep living life, a grateful life," Luann explained.



**"I am healthy,
I am back to
work, and I
am grateful."**

– Steve Gravelle



THANKS A MILLION!

33rd Annual Golf & Taste Celebration Raises More Than \$1 Million

Golfers, bridge players, employees, volunteers, community members and guests came together to raise funds at Ridgeview Foundation's 33rd annual Golf & Taste Celebration. More than 750 people attended the June 18 event at Island View Golf Course in Waconia.

Since the first Golf & Taste Celebration in 1986, more than \$12 million has been raised to expand the technology and services available to communities served by Ridgeview. As Ridgeview Foundation's largest annual fundraising event, this year's celebration raised more than \$1 million, marking the 8th consecutive year to reach that significant milestone.

"We are thankful for the continued generosity of our sponsors and the Ridgeview community for making this event successful year after year," said event chairperson, Dave Philp. "To see so many people come out and support the crucial role Ridgeview plays in our community is truly amazing."

Proceeds from this year's event will advance the Lifeline for a Lifetime campaign, which includes the upcoming renovation and expansion of the Norman and Ann Hoffman Emergency Center on Ridgeview's Waconia Campus.



Event Included Something for Everyone

Despite a rainy start, the weather cleared up for the day-long celebration which included a morning round of golf with a new Coffee Cup shotgun, a "Grip It & Rip It" board, a bridge tournament followed by the founder's cup afternoon golf.

The evening events included the Taste of Ridgeview Region, featuring beverages and hors d'oeuvres from the area's finest restaurants. Fox 9 Chief Meteorologist Ian Leonard served as the emcee for the evening program, which included silent and live auctions, music by Dr. Kevin White and 73 Paces and recognition of major sponsors.

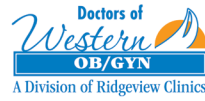
"Ridgeview relies on philanthropic, compassionate people to support our mission," said Mike Phelps, president and CEO, Ridgeview Medical Center. "We are extremely thankful for the ongoing generosity of our Golf & Taste participants and their commitment to helping Ridgeview continue to deliver the best health care in the southwest corridor."



THANK YOU TO OUR 2018 CORPORATE SPONSORS



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Attorneys at Law



2018 Scholarship Recipients

Ridgeview Foundation is pleased to announce the 2018 recipients of its annual health care scholarships. The Foundation awarded \$2,000 scholarships to the following high school seniors who are interested in pursuing a health-related degree or career:

Caitlin Preusser..... Belle Plaine Sr. High School
Kali Grimm..... Central High School (Norwood Young America)
Grace Merrill..... Chanhassen High School
Claire Shea..... Chanhassen High School -Ridgeview employee
Emma Simpson..... Chaska High School
Abigail Johnson..... Delano High School
Molly Garin..... Holy Family High School
Jenna Benson..... Howard Lake-Waverly-Winsted
Leighton Buhr..... Lester Prairie High School
Acy Adamzak..... Le Sueur Henderson High School
Carson Lennon..... Minnetonka High School
Julia Eling..... Mound Westonka High School
Olivia Silvernail..... Orono High School
Lindsey Flieth..... Sibley East High School
Emma Mocol..... Southwest Christian High School
Grace Edsill..... Waconia High School
Natalya Wells..... Watertown-Mayer High School



Linda Roebke (Scholarship Committee Member) with our 2018 scholarship recipients

Health Care Scholarship Recipient Returns to Work at Ridgeview



Growing up, Allie Bjork dreamed of helping others as a medical professional at Ridgeview Medical Center.

When Bjork was a teenager, she experienced first-hand the care and compassion of the staff at Ridgeview. "The doctors and nurses took such great care of me and everyone was extremely supportive of my family during a

difficult time," Bjork said. "Being in the hospital fueled my desire to pursue a nursing career and to be a part of the Ridgeview family."

As a senior at Watertown-Mayer High School in 2012, Bjork applied for and received a Ridgeview Foundation Health Care Scholarship. "I was so thankful and honored to be chosen," Bjork said. Receiving the scholarship helped Bjork realize her dream of becoming a registered nurse.

Scholarships are awarded each year to one student from each high school in the Ridgeview service area as well as a one scholarship for a child of a Ridgeview

employee. Applicants interested in health-related careers are evaluated based on academic achievements, extra-curricular activities, volunteer work and their response to an essay question. To date, the Foundation has awarded scholarships to 260 area students and more than 20 have returned to join the Ridgeview team.

As a nursing graduate with a year of experience, Bjork decided to apply for an open position at Ridgeview. "I was so happy and excited to accept a position in the Birthing Center," Bjork explained. "Being able to work at Ridgeview and be a part of such an amazing team is a dream come true, I can't imagine myself working any place else."

Funding for the Ridgeview Health Care Scholarship Program is generously provided by Ridgeview Foundation's Friends & Family Committee, Ridgeview Sibley Foundation, Ridgeview LeSueur Auxiliary Group and private community donors.

For more information about the scholarship program and its eligibility requirements, or to donate to the scholarship fund, please contact Ridgeview Foundation at 952-442-6010. Application forms for the 2019 scholarships will be available in February.

New Charitable Gift Annuity Rates!

We have some exciting news that can boost your retirement income and support Ridgeview Foundation. Effective July 1, 2018, charitable gift annuity rates increased.

How It Works

The concept is simple. With a charitable gift annuity, you make a donation using cash, marketable securities or other assets, and we, in turn, pay you a fixed amount for life. With this type of gift, you can feel secure knowing you can count on receiving stable payments for as long as you live. If you make your gift on or after July 1, the gift annuity rates will be an estimated 30 to 50 basis points higher than old rates based on your age at the time of the gift.

Now is the time to contact Kelly Mulleady, CFRE at 952-777-5099 or kelly.mulleady@ridgeviewmedical.org to begin planning your gift!

Here's an Example of How You May Benefit

Under the old rate schedule, Mary, 79, transferred \$25,000 in exchange for a charitable gift annuity. She would have received annual payments of \$1,650, a rate of 6.6 percent. Instead, if Mary waited to make her gift on or after the new rate schedule, the same gift amount will provide \$1,775 in annual payments, reflecting a 7.1 percent rate. That's a payout rate increase of approximately 7.5 percent.

ONE RECIPIENT

Age	Rate
60	4.7%
65	5.1%
70	5.6%
75	6.2%
80	7.3%
85	8.3%
90+	9.3%

TWO RECIPIENT

Age	Rate
60/65	4.3%
65/70	4.7%
70/75	5.2%
75/80	5.7%
80/85	6.6%
85/90	8.0%
90/95+	9.3%

Additional Benefits

Beyond increasing your retirement income as you help shape Ridgeview Foundation's future, gift annuities offer you tax benefits, including:

- A partial income tax charitable deduction now for your gift when you itemize.
- Part of each payment is income tax-free throughout your estimated life expectancy.

Tip: Consider Giving Appreciated Assets

Funding a gift annuity with appreciated assets, such as securities, will not only provide you with reliable payments for life and allow you to support Ridgeview Foundation's work, but it can offer financial benefits. You will receive a federal income tax charitable deduction (when you itemize) in the year the gift is made and eliminate part of the capital gains tax you would have paid if selling the securities.

We Can Help

We would be happy to send you a free, no-obligation illustration showing you the increased benefits you can receive from a charitable gift annuity. Your personalized illustration will include your potential income tax charitable deduction and our annual payments to you for life. Contact Kelly Mulleady, CFRE at 952-777-5099 or kelly.mulleady@ridgeviewmedical.org to begin.

The information on this website is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for illustrative purposes only. References to tax rates include federal taxes only and are subject to change. State law may further impact your individual results. Annuities are subject to regulation by the State of California. Payments under such agreements, however, are not protected or otherwise guaranteed by any government agency or the California Life and Health Insurance Guarantee Association. A charitable gift annuity is not regulated by the Oklahoma Insurance Department and is not protected by a guaranty association affiliated with the Oklahoma Insurance Department. Charitable gift annuities are not regulated by and are not under the jurisdiction of the South Dakota Division of Insurance.

For news and event information from Ridgeview Medical Center and Clinics, join Ridgeview online:



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Limited seating.
Advance registration is recommended.
All payments are nonrefundable.
Fee includes a gourmet breakfast.
Look for registration envelope included in this newsletter.

Reserved table of 10: \$700

After Oct. 1

\$75 PER PERSON
Registration Fee

Reserved table of 10: \$650

Before Oct. 1

\$65 PER PERSON
Early Bird Registration Fee

After the seminar, join Chris Heeter in a guided nature walk on Oak Ridge's beautiful trails.

8:30 AM to 12 PM
Program

8:00 AM
Registration with gourmet, nutritional breakfast

SATURDAY
Nov. 3, 2018
OAK RIDGE
CONFERENCE CENTER

achieving a
HEALTHY BALANCE
16th annual women's event



Want to be Wildly Healthy?

- Attend our 16th annual event designed by women for women
- Be inspired by captivating expert speakers
- Savor a nutritional gourmet breakfast buffet
- Learn and be empowered by the latest integrative approaches for achieving a healthy balance in daily living
- Enjoy fresh, new, interactive learning with health-minded women

Brenda Lee Langton



"Harvest Your Health"

You don't need to be a gourmet chef to embrace the power of a healthier diet with credible, practical solutions for delicious, balanced nutrition in daily living.

Chris Heeter



"Awakening Your Wild Side: The Healing Powers of Nature"

Learn of the power nature and how it impacts our overall health and wellbeing. Living from our Wild Side is less about scaling mountains, and more about connecting with ourselves, one another, and the natural world no matter where we are.

Anne Bechtel, ARD, LD, CSOWN



"Balancing your Food Life: Health, Vitality and Longevity"

As Hippocrates famously stated, "Let food be thy medicine." Anne will present six key messages to allow whole, clean food in and remove the food that doesn't serve you. She'll discuss and dispel the empty promises of fad diets, and provide proven strategies for making permanent, positive lifestyle changes.

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